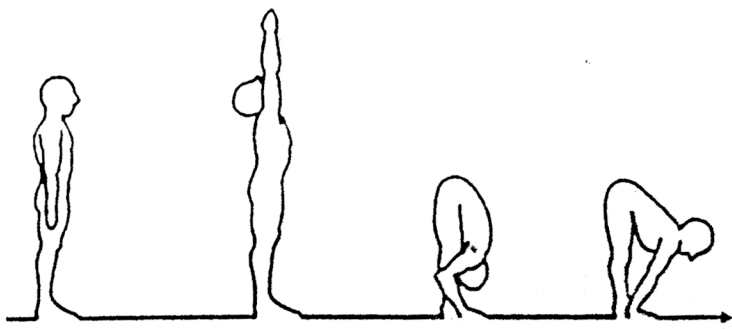


Suryanamaskar A - (repeat x 5)

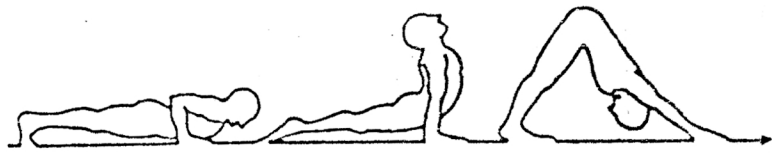


SAMASTHITHI

EKAM
1

DVE
2

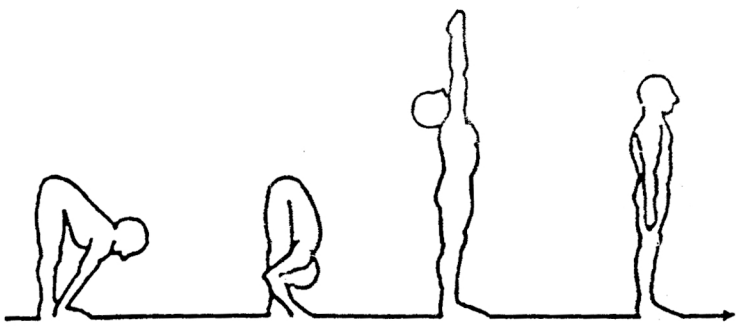
TRINI
3



CATVĀRI
4

PAÑCA
5

ṢAṬ
6



SAPTA
7

AṢṬAU
8

NAVA
9

SAMASTHITHI